

BEANBAG VOLLEYBALL

MATERIALS:

- Beanbag
- Two king size bed flat sheets
- Volleyball court



DESCRIPTION:

Students work in groups launch a beanbag over a volleyball net using only bed sheets and teamwork.

DIRECTIONS:

- Divide class into two equal groups.
- Have each group grab the edge of a king size bed sheet on either side of a volleyball court.
- Place a beanbag in the center of one team's sheet.
- Students work together to launch the beanbag over the net.
- If the beanbag goes out-of-bounds, falls off of the sheet, or is touched by the launching team, the beanbag goes to the other team.
- To score a point, the "launching" team must make the beanbag land inside the court of the opposing team. If so, the "launching" team gets another chance to "launch" the beanbag.
- Points can only be scored by the team that "launched" the beanbag (like volleyball).
- If the opposing team catches the beanbag in their sheet, they can "launch" it back over the net.
- Beanbags that land on the lines are fair.

VARIATION:

- If a volleyball court, or net, is unavailable, try using cones to separate the teams. In this case, the beanbag has to be "launched" at least as high as the tallest person playing the game.

